

Blood Thinning Agents: Patient Instruction

If you are taking a blood-thinning medication, you will be asked to stop taking it for a short length of time before your procedure. The reason for stopping these medications prior to your procedure is to decrease the risk of bleeding associated with biopsies and/or polyp removal during your procedure. Please be sure to let the doctor who prescribed your medication know that you will need to stop it before your procedure. After your procedure, your GI doctor will give you instructions on restarting your medication.

If you take a 325mg Aspirin for a medical indication, please decrease to 81mg for 5 days prior to procedure.

If you take Aspirin as a wellness recommendation, not for any medical reason, please stop for 5 days prior to procedure.

Please refer to the following list of blood-thinning medications for specific instructions:

Anti-Platelet Medications:

- **PLAVIX (clopidogrel):** Do not take this medication for the 5 days before your procedure
- **BRILINTA (ticagrelor):** Do not take this medication for the 5 days before your procedure
- **EFFIENT (prasugrel):** Do not take this medication for the 7 days before your procedure
- **AGGRENOX (dipyridamole-aspirin):** Do not take this medication for the 3 days before your procedure
- **LOVENOX (enoxaparin sodium):** You may take your regular dose the morning of the day PRIOR to your procedure. If you take an evening dose, please contact your prescribing provider for further instructions.

Anti-Thrombotic Medications:

- **COUMADIN/WARFARIN:** Do not take this medication for 5 days before your procedure
Your provider will review this with you and create a plan for your individual needs.
- **PRADAXA (dabigatran):** Do not take this medication for the 2 days before your procedure
- **XARELTO (rivaroxaban):** Do not take this medication for the 2 days before your procedure
- **ELIQUIS (apixaban):** Do not take this medication for the 2 days before your procedure

CALL OUR OFFICE AT 458-234-0082 IF:

- You do not see your medication on this list
- You have not stopped your medication for the timeframe above
- You have any questions or concerns