

Blood Thinning Agents- Patient Instruction

If you are taking a blood-thinning medication, you will be asked to stop taking it for a short length of time prior to your procedure. The reason for stopping is to decrease the risk of bleeding associated with biopsies and/or polyp removal during your procedure. Please be sure to let the provider who prescribes your blood thinner know that you will need to stop it prior to procedure and ensure they agree- if not, we will cancel or reschedule your procedure.

After your procedure, you will be given instructions on restarting your medication.

Please call the office @ 541-228-3330 or Cascade Endoscopy Center @ 541-726-8882 if:

- You do not see the medication you take on this list or are unsure if you take a blood thinner
- You have not stopped your medication as required or you are informed you cannot hold your blood thinner at this time
- You have any questions or concerns

WHAT ABOUT ASPIRIN and other NSAIDS?

Hold all NSAIDS (Aspirin, Advil, Motrin, Aleve, Naproxen, Ibuprofen, Celecoxib, Celebrex, Diclofenac, Meloxicam for the 2 days prior to procedure)

If you take a FULL dose Aspirin, 325mg, daily- Please decrease this to an 81mg Aspirin for the 5 days prior to procedure.

If you take a low dose, 81mg, Aspirin daily- you may continue to do so with no hold.

Medication	Required Hold Time prior to Procedure	Additional information
Anti-Platelets		
Plavix (clopidogrel)	5 days	
Brilinta (ticagrelor)	5 days	
Effient (prasugrel)	7 days	
Aggrenox (dipyridamole-aspirin)	3 days	
Lovenox (enoxaparin sodium)	1 day	You may take your regular dose the AM of the day PRIOR to procedure. If you typically take an evening dose, please contact MD.
Cilostazol (Pletal)	5 days	
Anti-Thrombotics		
Coumadin/Warfarin	5 days	Your doctor needs to review and determine if you require bridging to hold this medication.
Pradaxa (dabigatran)	2 days	
Xarelto (rivaroxaban)	2 days	
Eliquis (apixaban)	2 days	