

Diabetic Education and GLP1 Medication Information Sheet

Having these procedures will cause you to miss at least one meal, this requires extra attention and special planning for you to be able to manage your blood sugar. You will need to check your blood sugar more often. Please check more frequently and at bedtime the first prep day.

Please check your blood sugar if you experience any symptoms of low or very high blood sugar: Dizziness, confusion, difficulty concentrating, increased thirst, hunger, blurred vision headache.

Please refer to the CLEAR LIQUID DIET PATIENT INSTRUCTION sheet. It is important that you still manage carbohydrates/sugar during your preparation: Try to get 45 grams of carbohydrates in your liquids at mealtimes. Aim for 15-30 grams of carbs during snack times while on liquids.

Medication Instruction During Prep: Please utilize the table for instruction. Contact us if your medication is not listed.

Medication	Day Before to Procedure (1 st Prep Day)			Day of Procedure
	Morning	Lunch/Dinner	Bedtime	
Actos (pioglitazone) Glucophage (metformin) Farxiga (dapagliflozin) Invokana (canagliflozin) Januvia (sitagliptin) Janumet	Take usual dose	Take usual dose	-	Take your usual dose
Amaryl (glimepiride) Glucotrol (glipizide) Glucotrol XL Jardiance (empagliflozin) Ozempic, Wegovy, Rybelsus (semaglutide) Trulicity (dulaglutide) Victoza, Saxenda (liraglutide) Bydureon & Byetta (exenatide) Adlyxin (lixisenatide)	Do not take	Do not take	Do not take	Do not take
	If taken weekly, GLP-1/highlighted medications need to be held for 1 week prior to appt. If taken daily- need to be held day of.			
Lantus or Levemir	Take usual dose	-	Take usual dose	Take ½ usual dose
Humalog, Novolog, Regular Insulin or NPH *If you use sliding scale, you may continue	Take ½ usual dose	Take ½ usual dose	-	Do not take
Insulin Pump	Contact your endocrinologist to discuss management of your pump during prep and procedure			Contact Endocrinologist