

### Procedure Information

Your arrival time is NOT your procedure time. It is very important that you arrive at your designated check-in time to allow appropriate preparation.

You must **STOP all fluids**, including water, **3 hours prior** to your procedure/appt time. Please review the prep instructions from the Center.

**Please bring in your insurance card and photo ID for billing purposes upon check in.**

**You may receive up to 4 separate bills for your procedure. Please review our billing information or contact our billing department for questions.**

After check-in, procedures typically take 20-30 minutes, then you will go to the recovery room for approximately 15-20 minutes. Please plan accordingly to have your driver present.

**You MUST have someone to drive you home due to the anesthesia received.** We cannot allow you to leave unattended per regulations; this includes taxis and the bus. Please contact us and we will assist with licensed transportation service options.

**We utilize a texting service to offer fast and efficient communication with our patients. Please opt-in to our messages or contact us at 541-726-8882 for assistance.**

**A \$100 fee is charged for rescheduling, cancellation, no show within 72hrs of your procedure.**

### Frequently Asked Questions

#### **How long will I be at the surgery center?**

Plan for 2 hours, from check-in time to discharge. Please plan accordingly for a driver.

#### **I have a cold. Can I come in for my procedure?**

MAYBE. If you are experiencing difficulty breathing, have a productive cough and/or fever, **PLEASE RESCHEDULE.**

#### **I take antibiotics before dental procedures; will I need them?**

No. Antibiotics are not required for upper endoscopy or colonoscopy.

#### **I take medication for anxiety. Can I take them before I come in for my procedure?**

Yes. Take your usual dose approximately 4 hours prior.

#### **What will I feel like after the procedure? What are the anesthesia side effects?**

You should recover very quickly from anesthesia, approximately 15-20 minutes. **You may feel unsteady at first. You may not drive, operate machinery or make significant decisions until the following day. No alcohol or marijuana until the next day.**

#### **What can I do if I do not like the taste of the prep?**

Add flavor packets such as Crystal Light, use a straw, and keep it cold.

#### **My Procedure**

**Date/Time:** \_\_\_\_\_

#### **My Check-in**

**Time:** \_\_\_\_\_

**Notes/Comments:** \_\_\_\_\_



**1007 Harlow Road, Suite 110  
Springfield, OR 97477**

**Phone: 541-726-8882**

**CascadeEndoCenter.com**

## **Billing and Anesthesia Information**

Please note, you may receive up to 4 separate bills for your procedure.

### **1. Cascade Endoscopy Center:**

This fee is for the center where the procedure is performed. It is also called the facility fee.

For questions about this bill, please contact the Center at 541-726-8882.

### **2. Mckenzie Gastroenterology Associates:**

This bill is for the physician charges, also called the professional fee.

For questions about this bill, please call 541-988-6320.

### **3. Springfield Anesthesia Associates:**

This bill is for anesthesia services, your sedation/anesthesia charges. You will receive an EOB (Explanation of Benefits) from your insurance company – **please note that this may not be the amount you will owe.**

Once you receive a statement from anesthesia services, you may also contact Springfield Anesthesia Associates directly at 1-866-809-1220.

### **4. Inform Diagnostics:**

This bill is for specimen/biopsy review by the pathologist following your procedure.

You will receive an EOB (Explanation of Benefits) from your insurance company – **please note that this may not be the amount you will owe.**

For questions about this bill, please call 888-344-1160.

## **Anesthesia Frequently Asked Questions**

### **What is deep sedation and why do we use it?**

The goal of the Center is to ensure your safety and comfort. One of the ways we do that is by using the safest and most effective anesthesia for your procedure. Therefore, we have transitioned from conscious/moderate sedation, to deep sedation, using Propofol, provided by Certified Registered Nurse Anesthetists (CRNAs).

### **What makes it safer and more effective?**

- More consistent level of sedation and comfort during procedure
- Fast acting and short-lasting medication, leading to faster recovery time with much less grogginess
- Propofol is a non-opioid medication, versus conscious/moderate sedation.
- Due to Propofol's anti-emetic properties, post-op nausea/vomiting is extremely rare

### **Will this add cost to my procedure?**

Potentially, yes. Please see information regarding Springfield Anesthesia Associates. Your insurance carrier will be billed for anesthesia services.

### **What if I have questions?**

Contact the Center at 541-726-8882 and we will be happy to discuss and answer questions.